

The Heard Museum Friday, November 6, 2015

This Event will be centered around Brene' Brown's book, which attendees will receive, Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead

"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; . . . who at best knows in the end the triumph of high achievement, and who at worst, if he fails, at least fails while daring greatly." —Theodore Roosevelt

Registration and Coffee Welcome and Overview of the Event

What it Means to Show Up , Be Seen and Live Brave

Katie Thies, Life Coach, Imperfectionista, LLC

What would it be like to show up as your authentic self? "Recovering perfectionist" and life coach, Katie Thies, talks about letting go of what others think and embracing your authentic, imperfect life.

Seeking Change

Elizabeth Maribito, Executive Director, Oncology & Hematology, Cedars-Sinai Medical Network

Proactively seeing change requires vulnerability and comfort with risk. The change-seeking behavior for leaders that creates a culture where your team will innovate and succeed.

Social Impact in Action

Courtney Klein, Founder and CEO, Seed Spot

This inspirational session will demonstrate how entrepreneurship and innovation drives change in the world. From the founding story of SEED SPOT to the health care entrepreneurs they support, you will witness social impact in action and gain insights for how to identify problems and develop innovative solutions that improve lives.

Lunch

Embrace Your Authentic Imperfect Life Katie Thies, Life Coach, Imperfectionista, LLC

Using creativity and compassion, we will explore what it means to show up as our authentic self. This hands-on workshop will get you thinking outside of the box. We will start with the values that drive us in our personal and professional lives. From there we will creatively build our own authenticity mantras. Be prepared to have fun as we color outside the lines

Made for More

Michelle Rundio, Chief Operating Officer, Arizona Home Care

Ready to create a workplace environment centered around a higher purpose, Michelle Rundio shares her experiences and results from one organization's effects on the AHA.

Raffle and Closing Remarks